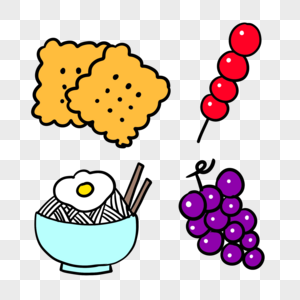
**Module 4 Healthy food**

**Unit 1 We’ve got lots of apples. 基础作业**

**作业要求：**

**分层作业1**：日常生活中常见的食物你认识多少呢？请你按照类别写出英文名字，越多越好哦！

Food:

Vegetables:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Meat:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fruit:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Staple food(主食)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Snack（零食）\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Drink

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**分层作业2：**看看你家里有什么食物，还缺什么吗？用have got / haven’t got 写两个句子，要注意区分使用some 和any.

**分层作业3**：根据课本活动5的对话，请你与父母讨论去超市的购物清单，编写对话。

e.g. Have we got any….?

--- Yes, we have some…/ No, we haven’t.

**作业模板：**

**分层作业1：**Vegetables: tomato, patoto, carrot, beans, cucumber,….

Meat: beef, pork, fish, chicken, sausage, bacons,…

Fruit: apples, pears, strawberries, oranges…..

Staple food: toast, bread, noodles, rice, dumplings, porridge, cereals….

Snack: chocolate, nuts, cookiea,….

Drink: juice, coffee, cola, water, tea, milk, beer, soda, yogurt, …..

**分层作业2：**We have got some eggs but we haven’t got any milk.

We’ve got some apples but we haven’t got any oranges.

**分层作业3：**

Ling: Mum, have we got any cola at home?

Mum: No, we haven’t got any cola, but it’s good to have more juice. Let’s get some apple juice.

Ling: All right. Have we got any fish? Dad likes to eat fish.

Mum: Yes, we still have some fish at home. What about some vegetables?

Ling: . Let’s buy some tomatoes.

Mum: Good idea! We need to buy some chocolate for snack.

Ling: Great!

**Shopping List:**

Apple juice

Tomatoes

chocolate

（对话仅供参考！）

**Unit 2 Is your food and drink healthy? 基础作业**

**作业要求：**

**分层作业1：**What’s your favorite food? Are they healthy? 完成下面表格，并使用连词and 或but 写出句子。

|  |  |  |  |
| --- | --- | --- | --- |
| Favorite food |  |  |  |
| Healthy or unhealthy |  |  |  |

**分层作业2:** 请你根据课本第22页活动3的短文内容，画一张思维导图。

**分层作业3：** Whose diet is healthy in our class? 班上谁的饮食最健康，请你在组内做个调查，用提问的方式询问一日三餐，并写一段小报告。

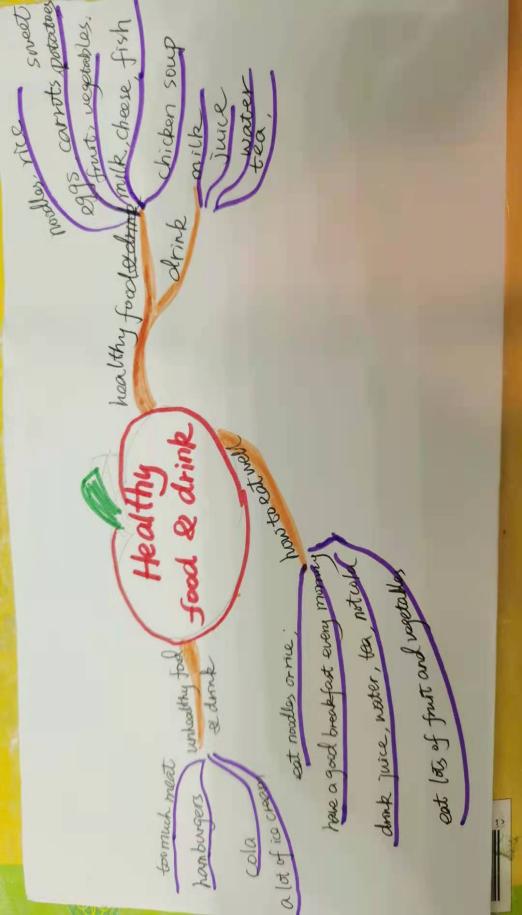
**作业模板：**

**分层作业1：**

For example：Meat is my favourite food but too much meat is unhealthy.

My favoutite food is fish and it is good for our health.

**分层作业2:**



调查报告可以从一日三餐或日常饮食习惯来说明。

For example: Wang Ling eat healthily in our group. She has…. for breakfast/lunch/dinner. ……is/are good for our eyes/teeth/children. She eats lots of……. They are healthy food.

**Unit 3 Language in use基础作业**

**作业要求：**

**分层作业1：**班级周末组织野餐，请各小组成员讨论需要准备的食物和物品并列一个清单，并说明理由。

**分层作业2：** Help Lucy! 你有什么建议帮助Lucy 保持健康呢？小组内讨论并分享建议，并做好记录。

**分层作业3：**小组内讨论早餐该吃什么，不该吃什么，并设计一份健康早餐的海报，说明理由。

**作业模板：**

**分层作业2**可以从以下几个方面提出建议：



**海报样式：**



**Module 4 Healthy food 拓展性作业**

通过询问专业人士、查阅资料，了解人体所需的食物种类，营养成分，如何健康饮食的等，以图文并茂的方式，写一份关于健康饮食的报告。

Ask a professional or search for information, learn the types of food and nutrition components needed by our body, how to eat healthy,etc. Write a report of healthy eating.